



OT Mom Learning Activities

In association with



TheHomeschoolHub

Welcome!

What Is OT Mom Learning Activities About?

- ✓ Before your child can learn to write, the hands need to be ready to hold the pencil.
- ✓ Before your child can learn to read, the brain needs to make sense of what it is seeing.
- ✓ Before your child can sit nicely at a desk, the core and shoulder muscles need to be strong and steady.
- ✓ And in order for your child to learn to play sports, your child needs good coordination skills!

These skills are essential foundation skills.

All children need to have a good, strong foundation in fine motor, gross motor, visual perception and coordination skills. Many homeschooling parents are unsure of how to effectively build these foundations, but my website will show you how you can work on these skills at home with simple activities that don't need fancy equipment!

Who Is OT Mom?

My name is Tracey le Roux, and I am a homeschooling mom of 3 teenagers. We have been homeschooling since 2008. I have a background in paediatric occupational therapy, and I am passionate about helping kids get the best possible start in school.



What Is the Difference Between My Website And My E-Books?

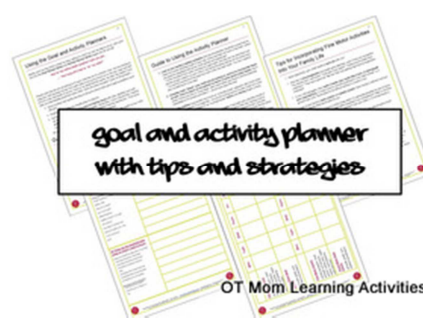
My website is free and accessible, and contains hundreds of photographed activities, reams of helpful information and tips to help you help your child.

However, to make it easier for parents, I have compiled my fine motor and gross motor information into **affordable e-books** that can be downloaded and accessed whenever you need them.

My gross motor and scissor cutting e-books contain a great deal of information and activities that are NOT found on my website, whereas my fine motor e-book takes the 20+ pages of fine motor information on my website and makes it easy to access and understand.

Prices per e-book range from R35 to R120, with great combo deals available. Download the price list from Homeschool Hub to learn more!

Below are pictures of pages from my Fine Motor E-Book.



It is important to note that my website and e-books are NOT a substitute for occupational therapy. If your child is struggling, please get an occupational therapy evaluation to get to the bottom of the problem. You can use the activities to supplement whatever therapy your child is already receiving, but please do check with your child's therapist first.

Thank you for your interest!

I can be contacted through my website:

<https://www.ot-mom-learning-activities.com>

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